

# Rock Me Erin Trejo



## Rock Me by Erin Trejo

★★★★☆ 4.3 out of 5

Language : English

File size : 2706 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled  
Print length : 143 pages  
Lending : Enabled



## By Erin Trejo

Erin Trejo's memoir, *Rock Me*, is a powerful and inspiring story of a young woman who overcame adversity to find her voice through music.

Born into a troubled home, Erin Trejo faced challenges from a young age. She was sexually abused by her stepfather, and her mother was an alcoholic. As a result, Erin struggled with depression and anxiety.

But through it all, Erin found solace in music. She began writing songs at a young age, and she found that music helped her to express herself and to cope with her pain.

In *Rock Me*, Erin Trejo shares her story with raw honesty and vulnerability. She writes about her struggles with abuse, addiction, and mental illness. But she also writes about her triumphs, her resilience, and her determination to find happiness.

*Rock Me* is a story of hope and inspiration. It is a story about the power of music to heal and to empower. And it is a story about the strength of the human spirit.

If you are a fan of memoirs, or if you are interested in stories of overcoming adversity, then I highly recommend *Rock Me* by Erin Trejo. It is a powerful and inspiring story that will stay with you long after you finish reading it.

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