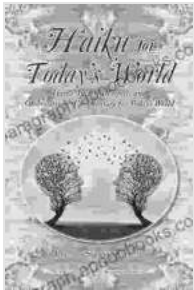


# Haiku for Today's World: A Poetic Guide to Mindfulness and Appreciation



## Haiku for Today's World: Haiku-Inspired Triplets and Observations- Commentary for Today's World

by Jason McBride

★★★★★ 5 out of 5

Language : English

File size : 746 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 79 pages



In a world that is often fast-paced and overwhelming, it can be difficult to find moments of peace and stillness. But haiku, a traditional Japanese form of poetry, offers a way to slow down and appreciate the beauty of the present moment.

Haiku poems are typically written in three lines, with five syllables in the first line, seven syllables in the second line, and five syllables in the third line. They often use simple language and imagery to capture a moment in time or a feeling. Haiku poems have the ability to transport readers out of their busy minds and into the present moment.

Haiku for Today's World is a collection of haiku poems by renowned poet Jane Hirshfield. These poems offer a unique perspective on the modern

world, capturing the beauty and wonder of everyday life while also addressing the challenges and complexities of our time.

In this book, Hirshfield explores themes such as nature, love, loss, and the search for meaning. Her poems are full of insight and wisdom, and they offer a gentle reminder to slow down and appreciate the preciousness of life.

Whether you are a seasoned haiku enthusiast or a newcomer to this beautiful form of poetry, *Haiku for Today's World* is a book that you will cherish. These poems will help you to see the world with new eyes and to find moments of peace and tranquility in even the most chaotic of times.

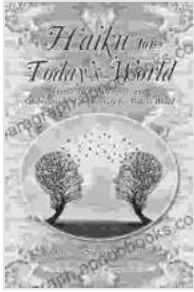
Here is a sample haiku from the book:

The world is a gift  
Open your eyes and see  
The beauty around

This simple poem reminds us to appreciate the beauty of the world around us. It is a reminder to slow down and take in the beauty of nature, the love of our family and friends, and the simple pleasures of life.

*Haiku for Today's World* is a book that will stay with you long after you have finished reading it. These poems are a source of comfort, inspiration, and wisdom. They are a reminder to slow down and appreciate the beauty of the present moment.

If you are looking for a book that will help you to find peace and tranquility in your life, then I highly recommend *Haiku for Today's World*. This book is a must-read for anyone who loves poetry, nature, or simply wants to live a more mindful and appreciative life.



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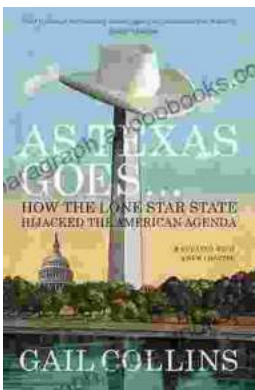
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